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Look Me in the Eye: Caryls Story about Overcoming Childhood Abuse, Abandonment Issues, Love Addiction, Spouses with Narcissistic Personal

By Caryl Wyatt

CCB Publishing. Paperback. Book Condition: New. Paperback. 274 pages. Dimensions: 8.4in. x 5.5in. x 0.7in. Caryls story is a rare gift as it provides insight into an epidemic that brews behind closed doors in more homes than we would care to imagine. If statistics are accurate (the prevalence of abuse is much higher because domestic violence is notoriously under-reported), then up to 25 of the female population suffers abuse at home every week. In fact, as much as 80 of violence against women is at the hands of the men who supposedly love them. If we care at all for our humanity, society as a whole needs to take up Caryls mantra of Abuse Is No Excuse. Few understand the nature or the power of abuse and why someone chooses to stay in an ongoing abusive relationship. However, in reading Caryls story, she allows us to put ourselves in her place and we are left to wonder if we would have been able to do it any differently given her history and her reality. This is the gift that Caryl brings with her story and the honest way in which it is told--she makes it possible to move outside of ourselves...



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